

**Year-Round  
Class Schedule**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**Toddler and Preschool Age (45 min)**

Parent & Me (age 1-3)

5-5:45 PM

9-9:45 AM

4-4:45 PM

Tumble Tots (age 2-3)

9-9:45 AM

11-11:45 AM

**Toddler Open Tumble (age 1-5)**

**10-10:55 AM**

**10-10:55 AM**

**10-10:55 AM**

**10-10:55 AM**

**10-10:55 AM**

**10-10:55 AM**

\*PreK Gymnastics (age 3-5)

4-4:45 PM

11-11:45 AM

6-6:45 PM

4-4:45 PM

5-5:45 PM

9-9:45 AM

6-6:45 PM

11-11:45 AM

Ninjanastics (age 3-5)

11-11:45 AM

6-6:45 PM

5-5:45 PM

11-11:45 AM

4-4:45 PM

11-11:45 AM

9-9:45 AM

**School Age (55 min)**

\*Intro to Gymnastics (age 5+)

4-4:55 PM

5-5:55 PM

4-4:55 PM

6-6:55 PM

5-5:55 PM

11-11:55 AM

\*Beginner Gymnastics (age 6+)

5-5:55 PM

4-4:55 PM

5-5:55 PM

5-5:55 PM

6-6:55 PM

9-9:55 AM

\*Intermediate Gymnastics (age 6+)

7-7:55 PM

6-6:55 PM

6-6:55 PM

\*Advanced Gymnastics (age 8+)

6-6:55 PM

7-7:55 PM

\*Intro to Tumbling (age 5+)

5-5:55 PM

4-4:55 PM

12-12:55 PM

\*Flips and Tricks (age 6+)

6-6:55 PM

6-6:55 PM

6-6:55 PM

11-11:55 AM

\*Advanced Tumble (age 6+)

7-7:55 PM

7-7:55 PM

\*Elite Tumble (age 8+)

7-7:55 PM

Stars Cheer (age 5+)

5-5:55 PM

6-6:55 PM

Warrior 1 (age 5-8)

5-5:55 PM

7-7:55 PM

Warrior 2 (age 8+)

7-7:55 PM

6-6:55 PM

**For all Tumble Tot and PreK classes students must be independent in class.**

**\*Classes marked with a \* require a leotard**

**EPCFA is not certified to teach special needs children**

**4/28/26**

**T  
O  
D  
D  
L  
E  
R  
  
A  
G  
E**

**S  
C  
H  
O  
O  
L  
  
A  
G  
E**