

2023-2024 School Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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Toddler and Preschool Age (45 min)

Parent & Me (age 1-3)	4-4:45 PM			4-4:45 PM	6-6:45 PM	
Tumble Tots (age 2-3)		6-6:45 PM	4-4:45 PM	6-6:45 PM		
*PreK Gymnastics (age 3-5)	6-6:45 PM	4-4:45 PM	5-5:45 PM	5-5:45 PM	5-5:45 PM	11-11:45 AM
Ninjanastics (age 3-5)	5-5:45 PM	5-5:45 PM	4-4:45 PM	4-4:45 PM	4-4:45 PM	12-12:45 PM
Toddler Open Tumble (age 1-5)	10-10:55 AM	10-10:55 AM	10-10:55 AM	10-10:55 AM	10-10:55 AM	10-10:55 AM

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School Age (55 min)

*Intro to Gymnastics (age 5+)	5-5:55 PM	6-6:55 PM	5-5:55 PM	6-6:55 PM	5-5:55 PM	11-11:55 AM
*Beginner Gymnastics (age 6+)	6-6:55 PM	4-4:55 PM	6-6:55 PM	5-5:55 PM	6-6:55 PM	
*Intermediate Gymnastics (age 6+)		5-5:55 PM				
*Advanced Gymnastics (age 8+)			7-7:55 PM			
*Acrobatics and Tumbling (age 6+)				7-7:55 PM		
*Intro to Tumbling (age 5+)	4-4:55 PM		5-5:55 PM			12-12:55 PM
*Flips and Tricks (age 6+)	5-5:55 PM				4-4:55 PM	
*Advanced Tumble (age 6+)	6-6:55 PM		7-7:55 PM		6-6:55 PM	
*Elite Tumble (age 8+)		7-7:55 PM				
Little Stars Cheer (age 5+)			6-6:55 PM			
Shooting Stars Cheer (age 6+)	7-7:55 PM					
Warrior 1 (age 6-8)		7-7:55 PM				11-11:55 AM
Warrior 2 (age 8+)	7-7:55 PM			7-7:55 PM		
*Ballet/Tap (age 6+)			4-4:55 PM			

For all Tumble Tot and PreK classes students must be independent in class.

EPCFA is not certified to teach special needs children

***Classes marked with a * require a leotard 2/23/24**