

**Year-Round
Class Schedule**

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Toddler and Preschool Age (45 min)

Parent & Me (age 1-3)

5-5:45 PM

9-9:45 AM

4-4:45 PM

Tumble Tots (age 2-3)

9-9:45 AM

11-11:45 AM

Toddler Open Tumble (age 1-5)

10-10:55 AM

10-10:55 AM

10-10:55 AM

10-10:55 AM

10-10:55 AM

10-10:55 AM

*PreK Gymnastics (age 3-5)

4-4:45 PM

11-11:45 AM

6-6:45 PM

4-4:45 PM

5-5:45 PM

9-9:45 AM

6-6:45 PM

11-11:45 AM

Ninjanastics (age 3-5)

11-11:45 AM

6-6:45 PM

5-5:45 PM

4-4:45 PM

11-11:45 AM

9-9:45 AM

School Age (55 min)

*Intro to Gymnastics (age 5+)

4-4:55 PM

5-5:55 PM

4-4:55 PM

6-6:55 PM

5-5:55 PM

11-11:55 AM

*Beginner Gymnastics (age 6+)

5-5:55 PM

4-4:55 PM

5-5:55 PM

5-5:55 PM

6-6:55 PM

9-9:55 AM

*Intermediate Gymnastics (age 6+)

7-7:55 PM

6-6:55 PM

6-6:55 PM

*Advanced Gymnastics (age 8+)

6-6:55 PM

7-7:55 PM

*Acrobatics and Tumbling (age 5+)

5-5:55 PM

*Intro to Tumbling (age 5+)

5-5:55 PM

4-4:55 PM

12-12:55 PM

*Flips and Tricks (age 6+)

6-6:55 PM

6-6:55 PM

6-6:55 PM

11-11:55 AM

*Advanced Tumble (age 6+)

7-7:55 PM

7-7:55 PM

*Elite Tumble (age 8+)

7-7:55 PM

Stars Cheer (age 5+)

5-5:55 PM

6-6:55 PM

Warrior 1 (age 5-8)

5-5:55 PM

7-7:55 PM

Warrior 2 (age 8+)

7-7:55 PM

6-6:55 PM

For all Tumble Tot and PreK classes students must be independent in class.

***Classes marked with a * require a leotard**

EPCFA is not certified to teach special needs children

3/24/26

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