

2022-2023 School Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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TODDLER AGE (45 min)												
TODDLER AGE	Parent & Me Gym (age 1-3)		5:00 PM		6:00 PM	11:00 AM	4:00 PM			9:00 AM	5:00 PM	
	Tumble Tots (age 2-3)	9:00 AM	4:00 PM		5:00 PM	9:00 AM						9:00 AM
	*PreK Gymnastics (age 3-5)		6:00 PM	11:00 AM	4:00 PM		5:00 PM	9:00 AM	5:00 PM	11:00 AM	4:00 PM	11:00 AM
	*PreK Ballet /Tap (age 3-5)	9:00 AM					4:00 PM					
	PreK Hip Hoppers (age 3-5)						5:00 PM				4:00 PM	
	*PreK Acrobatics (age 3-5)		4:00 PM						6:00 PM			
	Mini Ninjanastics (age 3-5)						6:00 PM		4:00 PM	9:00 AM	5:00 PM	
	Mini Warrior Challenge (age 3-5)	11:00 AM	4:00 PM		5:00 PM			11:00 AM				
	Toddler Open Tumble (age 1-5)	10:00 AM		10:00 AM		10:00 AM		10:00 AM		10:00 AM		10:00 AM

SCHOOL AGE (55 min)												
SCHOOL AGE	*Acrobatics (age 6 & up)		6:00 PM				5:00 PM					
	Hip Hop (age 6 & up)		5:00 PM				6:00 PM					
	*Ballet/Tap (age 6 & up)								5:00 PM			
	*Novice Gymnastics (age 5 & up)		5:00 PM		6:00 PM		6:00PM		6:00 PM		5:00 PM	11:00 AM
	*Beginner Gymnastics (age 6 & up)		4:00 PM		5:00 PM		5:00 PM		4:00 PM		6:00 PM	
	*Intermediate Gymnastics (age 6 & up)		6:00 PM		4:00 PM							
	*Advanced Gymnastics (age 8 & up)						7:00 PM				7:00 PM	
	*Flips and Tricks 1 (age 5 & up)						4:00 PM		5:00 PM			11:00 AM
	*Flips and Tricks 2 (age 5 & up)		5:00 PM						7:00 PM			
	*Back Handsprings (6 & up)		7:00 PM				7:00 PM				7:00 PM	
	*Elite Tumble (age 8 & up)				7:00 PM							
	Warrior Challenge 1 (age 6 - 8)		5:00 PM								6:00 PM	9:00 AM
	Warrior Challenge 2 (age 8 & up)		7:00 PM		7:00 PM				7:00 PM			
	Cheernastics (age 5 & up)		6:00 PM				6:00 PM					

For all Tumble Tot and PreK classes students must be independent and potty trained. Classes marked with an * require a leotard

EPCFA is not certified to teach special needs children